






TREKS HONG KONG 100

1 - 6 December 2019

 Traverse from the East to the West of the New Territories of Hong Kong SAR, bagging 10 peaks across 4 days, including the highest point of Hong Kong **Tai Mo Shan (957m)**

 One of the ultra distance classic trails of Asia, Maclehorse Trail

 Reward yourself with scrumptious Hong Kong cuisine

 Tackle the seemingly arduous trail across 4 days, returning to a proper night's rest and hot shower



BRIEF PROGRAMME

DATE / DURATION

6 Days 5 Nights
1 to 6 December 2019

GROUP SIZE

Min: 12 pax

FEES

SGD895

ACCOMMODATION

Chinese YMCA Wu
Kwai Sha Youth Village

TEMPERATURE RANGE

16 - 21°C

DIFFICULTY



A training ground for the Gurkhas back in the days of British Colonisation. Presently, only those who wish to challenge themselves take on the trails of the Maclehorse.

In partnership with Chinese YMCA of Hong Kong, we present a signature trekking event. Complete this beautiful, country park trail over 4 days, parked at the cosy bungalows in Wu Kwai Sha Village, Ma On Shan.

RECOMMENDED FLIGHT ITINERARY

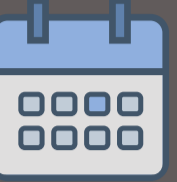


OUTBOUND Jetstar 3K697 SIN 09:30HRS HK 13:35HRS

INBOUND Jetstar 3K698 HK 14:25HRS SIN 18:25HRS

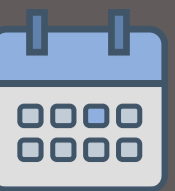
TRIP ITINERARY

13:35



DAY 1 1 DEC		Arrival in Hong Kong Airport (by 13:35) Lunch at airport Transfer to Chinese YMCA Wu Kwai Sha Youth Village Purchase of equipment & food supplies Trek Preparation (briefing, packing etc.) Free & easy	Wu Kai Sha Village Lunch Own cost Dinner Own cost
DAY 2 2 DEC	07:00	Breakfast Transfer to Maclehose Trail Head (Stage 1,2,3) Lunch @ Ham Tin Wan (stage 2) Exit Stage 3 (Pak Tam road) Return to Wu Kai Sha Village Dinner	Wu Kai Sha Village Breakfast Provided Lunch Provided Dinner Provided
DAY 3 3 DEC	07:00	Breakfast Transfer to Maclehose Trail Head (Stage 4 & 5) Late lunch @ Sha Tin Pass (stage 5) Exit Stage 5 (Leung Yaw road) Return to Wu Kai Sha Village Dinner	Wu Kai Sha Village Breakfast Provided Lunch Own cost Dinner Own Cost
DAY 4 4 DEC	07:00	Breakfast Transfer to Maclehose Trail Head (Stage 6, 7, 8) Lunch @ Grassy Hill (stage 7) Exit Stage 8 (Shing Mun road) Return to Wu Kai Sha Village Dinner @ Tsuen Wan Free & easy	Wu Kai Sha Village Breakfast Provided Lunch Own cost Dinner Own cost

TRIP ITINERARY (CONT'D)



DAY 5
5 DEC

07:00

Breakfast
Transfer to Maclehose Trail Head (Stage 9 & 10)
Snack on trail
Exit Stage 10 (Tuen Mun)
Late Lunch return
Return to Wu Kai Sha Village
Free & easy
Celebratory BBQ Dinner

 **Wu Kai Sha Village**

 **Breakfast**
Provided


Lunch
Own cost


Dinner
Provided

DAY 6
6 DEC

09:00

Dim Sum Breakfast
Free & easy
Depart Wu Kwai Sha for airport

 **Home Sweet Home**

 **Breakfast**
Provided

Lunch
Own cost

INCLUSIONS

- Airport pick-up (1 way)
- Land transfers during trek
- Accommodation with Wu Kwai Sha Youth Village
 - Dormitory style bungalows with shared bathrooms
 - 2 to a room, 8 to a bungalow
- Meals as specified
 - Breakfast for all days
 - Lunch at Ham Tin Wan
 - Packed dinner for day 2 due to late return
 - Hong Kong Style BBQ Celebratory Dinner on Day 5
 - Dim Sum Breakfast on day 6
- Hiking arrangements
 - Hiking Guides
 - YMCA staff/volunteer to follow
 - Transport to and for start and end point to Wu Kwai Sha Youth Village

EXCLUSIONS

- Anything not specified in the Cost Include section
- Airfare and any airport related taxes and cost
- Visa applications fees incurred for travel if applicable
- Personal Expenses
- Travel Insurance

CANCELLATION POLICY

A non-refundable \$250 deposit towards the programme is required to confirm a place on the trip. Reservations cannot be held without deposit. The balance payment for the land package is due 30 days prior to departure date. If payments are not made on time, we reserve the right to resell the booked places.

In the event of any cancellation of the trip after confirmation, the cancellation charges imposed will be as follows:

Above 30 days	Deposit forfeited
15 to 30 days	50% of fee forfeited
7 to 14 days	70% of fee forfeited
Less than 7 days	100% of fee forfeited

TERMS & CONDITIONS

Price stated is current as of 22 June 2017. Prices are subject to change due to increases in airfare, airport taxes and other surcharge changes during peak holiday period, or itinerary changes based on participants' needs.

Please note that the published itinerary is a statement of intent and to be used as a guide only. While all effort will be made to minimize changes, YMCA reserves the right to make amendments to the itinerary with or without consulting the participants. However, YMCA will do everything within our control to minimize the effects of the enforced changes.

Participants must be physically fit and aware of the physical demands and the harsh elements that can be encountered during the trek and prepare or train adequately for them.

CONTACT DETAILS

PROGRAMME MATTERS

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RECOMMENDED PACKING LIST

Travel Essentials

Passport
Cash
Personal Medication

Hiking Essentials

ITEMS	PCS	REMARKS
Head gear	1x	Beanie / buff
Neckwarmer	1x	Buff
Thermal base layer	2-3	Quick-dry, high neck
Mid Layer	1x	Fleece
Shell / Outer Layer	1x	Water and wind proof, Goretex, no poncho
Thermal Bottoms	2-3	
Trekking Pants	1x	Quick-dry / Softshell
Socks	2-3	Merino wool to keep warm
Hiking Boots	1x	Hard sole to reduce fatigue / prevent heat loss
Gloves	1x	Prevent heat loss and frost bite
Sunshield	1x	Prevent sun glare

Hiking Equipment

ITEMS	PCS	REMARKS
Hiking Pack	1x	At least 25 litres
Head Torch	1x	With spare batteries
Heat Resistant Bottles	2x	To contain hot drink on trek or at base
Trekking Poles	2x	Highly recommended
Utensils	1x	For meals
Toilet Paper	1x	With spare plastic bag for disposal

Optional / Personal Items

ITEMS	PCS	REMARKS
Sunblock		
Hand sanitizer		
Wet Wipes		
Whistle		
Sleeping Bag Liner		For hygiene purpose of sleeping areas
Sports Tape		
Instant Heat Pack		For personal comfort
Sleeping Mat		Inflatable / foam

